

Resources

To deepen your knowledge and understanding of trauma-informed leadership, consider these additional resources.

Videos:

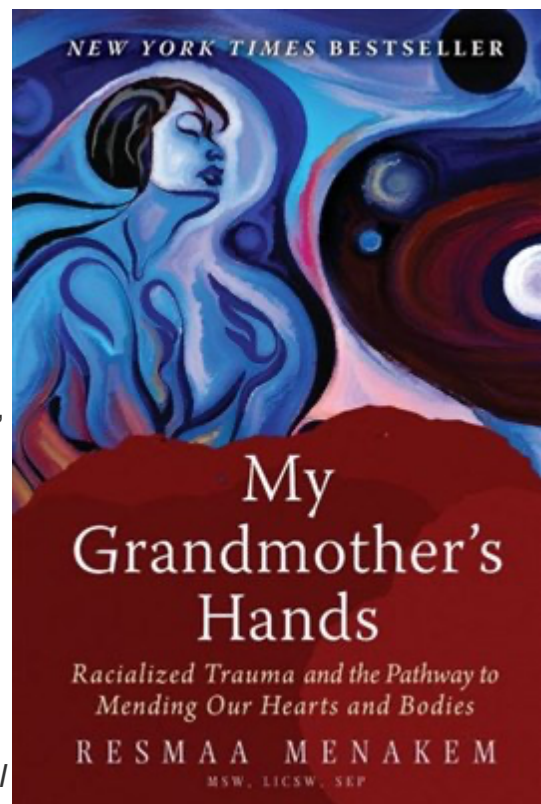
- [How the body keeps the score on trauma | Bessel van der Kolk for Big Think+](#)
- [TED talk with Nadine Burke Harris](#)
- [West Ohio Annual Conference, Caring for Trauma Survivors](#)
- [The Healing Journey for Trauma with Rev. Dr. Ron Bell](#)

Core Books:

- *My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies* by Resmaa Menakem
- *The Body Keeps the Score* by Bessel van der Kolk M.D.

Additional Books:

- *The Deepest Well* by Nadeen Burke Harris, MD
- *Trauma Stewardship: An Everyday Guide to Caring for Self While Caring for Others* by Laura van Dernoot Lipsky
- *Decolonizing Trauma Work: Indigenous Stories & Strategies* by Renee Linklater
- *The Politics of Trauma: Somatics, Healing and Social Justice* by Staci Haines
- *Trauma & Recovery: The Aftermath of Violence—from Domestic Abuse to Political Terror* by Judith Herman, MD
- *Trauma Sensitive Theology* by Jennifer Baldwin



Articles:

- Carrie Doehring, "[Spiritual Care After Violence: Growing from Trauma with Lived-Theology](#)"
- Shelly Rambo, "[How Christian theology and practice are being shaped by trauma studies](#)," The Christian Century, vol. 136, no. 24, Nov. 2019.