

Upcoming Events

April 1st – July 31st – Blueprint For Wellness

HealthFlex participants are eligible to participate in this wellness screening. There will be a screening held during Annual Conference June 6-8th. Times and registration will be announced at a later date. Watch for announcements.

Otherwise you can click on this link <u>https://www.webmdhealth.com/gbophb/</u> and log in to download a participant prepopulated Physician Report to take to your local physician during this event period.

April 9th – Current 2018 Retiree Seminar

Seminar will be held at the Mitchell Conference Center from 10am-2:30pm Retirees are asked to bring their retirement packet and a laptop if available. Please contact Leana Stunes to register or if you have questions.

April 10th – Pre-Retirement Seminar

Seminar will be held via UMConnect at the various sites from 10am-3:30pm CST Please contact Leana Stunes to register or if you have questions.